

BREAKFAST



DAILY BREAKFAST

COLD

Selection of Seven Seeded breads and pastries v
Selection and butters and spreads

Sliced British cheeses and charcuterie
Smoked salmon
Sliced beef tomatoes ve
Avocado ve

Toast Toppers: Tamari seeds, chilli oil, crispy onions

Fruit salad ve
Mixed berries ve
Greek yoghurt v
Coconut yoghurt ve
*Yogurt Toppers: Chia seed, cinnamon toasted seeds,
dried fruits*

Wellness shots ve
Juices ve
Smoothies v

HOT

Freshly cooked organic eggs
Dingley dell dry cured bacon, cumberland sausage
Slow roast tomatoes, roast portobello mushrooms,
hashbrowns

DAILY CHANGING BREAKFAST SPECIALS

MONDAY

Breakfast special – Shakshuka

Organic eggs baked in
roast pepper & tomato sauce
topped with labneh, zhoug & feta ^v
(Vegan version available with tofu scramble)

Add grilled merguez
or honey roast halloumi

All served with soft gilled pitta

Breakfast Pot

Crushed blueberry Greek yoghurt,
seven seed granola ^v

TUESDAY

Sustainable breakfast special – Juice pulp waffles

Carrot, beetroot & kale pulp,
cheddar & chive waffles, topped with
chili & tomato chutney and
poached eggs – add crispy bacon

Carrot, apple & pineapple pulp
waffles, caramelised apples, spiced slated
caramel sauce, toasted coconut and
pecan crunch, crème fraiche

Breakfast Pot

Toffee apple overnight oats
with puffed quinoa crumble

WEDNESDAY

Breakfast special – Omelette station

Freshly chef made organic egg omelettes with a
selection of fillings to customise including:

Ham, chorizo, smoked turkey
grated Emmental, cheddar
red onions, peppers, mushrooms,
spinach, tomatoes

(Plant based on egg omelette available)

Breakfast Pot

Coconut chia, raspberry compote,
toasted coconut

THURSDAY

Breakfast special – Stuffed French toast

Lemon cream cheese & blueberry
stuffed brioche French toast with toasted
almonds & whipped brown butter ^v

Sough dough stuffed with gruyere,
Dingley dell ham & creamy whole grain mustard
bechamel – add a fried egg

Creamy Mushroom & spinach
topped grilled focaccia ^{vg}

Breakfast Pot

Acai smoothie pot, toasted seeds,
fresh berries, sweet macadamia dukkah

FRIDAY

Breakfast special – Full English

Slow roasted tomatoes ^{vg}
Roasted field mushrooms ^{vg}
Vegan sausages ^{vg}
Hash browns ^{vg}
Baked beans ^{vg}

Freshly cooked organic eggs ^v
Cumberland sausages
Plant based sausage
Smoked streaky pork bacon
Turkey bacon

Breakfast Pot

Coconut chia pudding,
mango & passionfruit salsa, toasted coconut ^v



Our mission is to feed people happy, and that starts long before food reaches the plate. We focus on British-grown, seasonal ingredients and source locally wherever possible.